

Welcome to BPC

Bristol Pole Championships is a pole competition, open to ANY one and ANY body. Celebrating individuality and creativity, whatever that means to you.

Our aim is to make sure our competitions strive to be as inclusive, safe and as diverse as possible (and we actually mean it!).

At BPC we truly welcome all types of humans and are passionate about providing an opportunity for ALL. We believe everyone should have the opportunity to dance and compete if they wish.
All are welcome here.

You can find more about BPC and our core values at
www.bristolpolechampionships.co.uk
IG: [@bristolpolechampionships](https://www.instagram.com/bristolpolechampionships)



Check out our stalls!

We're proud to announce our Holy Grail sponsors and stall holders at our 2025 event.

These are brands that believe in the BPC values and support our vision and all our competitors. Thanks to our sponsors, we are able offer our category winners a cash prize and offer other awesome prizes.

We couldn't do it without their help! Make sure to visit their stalls today, grab yourself some fabulous goodies and even some special BPC offers and discounts!



**We are
Breathe**
[@we_are_breathe](https://www.instagram.com/we_are_breathe)



**Klax
Polewear**
[@klax_polewear](https://www.instagram.com/klax_polewear)



**Rysky
Studio**
[@ryskystudio](https://www.instagram.com/ryskystudio)



**Genie
Polewear**
[@geniepolewear](https://www.instagram.com/geniepolewear)



Running Order

Intro

Powerhouse

Chlo [@chlo.thepolecoven](https://www.instagram.com/chlo.thepolecoven)
Maz [@bigmaz_x](https://www.instagram.com/bigmaz_x)
Ms Holloween [@msholloween](https://www.instagram.com/msholloween)
ZEN [@zenwriterx](https://www.instagram.com/zenwriterx)

Expressive

Hollie [@holliethubron](https://www.instagram.com/holliethubron)
Jane Silk [@_janesilk](https://www.instagram.com/_janesilk)
Mia [@mijjiaux](https://www.instagram.com/mijjiaux)
Sanjana Sha [@sanjana_sha](https://www.instagram.com/sanjana_sha)
Yinfinity [@poleyinja](https://www.instagram.com/poleyinja)
Strange pole [@strangepole](https://www.instagram.com/strangepole)

Break

Freestyle

Astrid Tease [@astridtease](https://www.instagram.com/astridtease)
Bia Vixen [@bia_vixen](https://www.instagram.com/bia_vixen)
Scarlet Raven [@scarlet_f_raven](https://www.instagram.com/scarlet_f_raven)
Sereia De LaMer [@sereiadelamer](https://www.instagram.com/sereiadelamer)
Velvet Summer [@_velvetsummer](https://www.instagram.com/_velvetsummer)

Theatre

Dramatiska [@dramatiskazokolowski](https://www.instagram.com/dramatiskazokolowski)
Lol-lypop [@lollypoppole](https://www.instagram.com/lollypoppole)
Scarlet Stripes [@upsupaul](https://www.instagram.com/upsupaul)
Rebecca Helen [@rebecca_poledance](https://www.instagram.com/rebecca_poledance)
Sweaty Jessie [@sweaty_jessie](https://www.instagram.com/sweaty_jessie)

Break

Amethyst Allure [@amethystallure_](https://www.instagram.com/amethystallure_)
Autumn Flame [@autumnxflame](https://www.instagram.com/autumnxflame)
Emmy Legs [@emmylegs](https://www.instagram.com/emmylegs) / [@emmylegsbackup](https://www.instagram.com/emmylegsbackup)
Miss Tee Cakes [@missteeecakes](https://www.instagram.com/missteeecakes)
Nectar Rose [@nectar.rose.x](https://www.instagram.com/nectar.rose.x)

Showcase

Waves of Her [@waves.other](https://www.instagram.com/waves.other)
Lavender [@lavender.p.d](https://www.instagram.com/lavender.p.d)
Multipoles [@multipoleless](https://www.instagram.com/multipoleless)
Pole Mermaid [@pole_mermaid](https://www.instagram.com/pole_mermaid)
Kym [@kym1m1](https://www.instagram.com/kym1m1)

BSWC Raffle and Results

Meet our Team



Our team has been lovingly selected to help represent the industry's styles and identities, ensuring we have a diverse team from all background and styles.

The Team at BPC are made up of queer people, SWers, disabled people and people from different ethnicities.

We are neurodivergent, plus size, and are individuals of different gender identities. Because this is what the pole industry is made up of. Not one single type of individual, but a wonderful world full of variety and experiences.

As well as our awesome judges, we also have our very own EDI & Wellbeing Liaison and Moderator, all who have a part to play in how BPC is run - as well as some super star volunteers here today.



Coco Bijou

Owner

@cocobijoupole



Frances

EDI & Wellbeing

@craftyfranceypole



Lucy

Compere

@lucythemindsetcoach



Leila

Moderator

@cutiewhippingham

Whether you're brand new to pole, a seasoned pro, or simply looking for ways to deepen your connection with your mindset on your pole journey, Lucy the Mindset Coach has created a cute free download for you: **Top 10 Mindset Tips for Pole.**

By registering, you'll be entered for the chance to win a free entry at BPC next year!★

Download with the QR code or click [here](#).

We have a professional photography and videography team on site today, who will also capture our audience. If we use media that you aren't happy with, please do get in touch.



2025 Judges



Lauren Elise

Judge

@laurenelisepole



Andrew Gregory

Judge

@tattoo_pole_boy



Sabrina Jade

Judge

@sabinajadeofficial



Anna Frost

Judge

@frostdance



Sophie Duncan

Judge

@soduncan

Workshops

We still have space on some of our incredible Judge Workshops taking place tomorrow! If you feel inspired and liked what you've seen today, why not learn from the best?

Lauren Elise and Anna Frost will be teaching from 13:15 on Sunday 21st.
Bookings available [here](#) or scan the below!

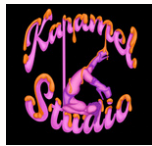


Sponsors

At BPC, we're passionate about creating change, embracing individuality and celebrating creativity. That doesn't just stop at our competitors.

We want to shout about and celebrate all the wonderful businesses that surround our pole world too, and that includes our sponsors!

We're proud to be sponsored by the below brands, who have helped make this event possible.



Karamel
Studio

@karamel.studio.online



Pole Junkie

@pole_junkie



Vertex Pole
Champs

@vertexpolechamps



Ranging
Poler

@ranging_poler



Pole & Aerial
Coach

@pole_aerial_business_coach



Wild Hazel
Therapies

@wildhazeltherapies



Poppy Niamh
Photography

@poppyniamhphotography



Xpert
Fitness

@xpertfitnessofficial



Plus Size
Pole and Aerial

@plussize_poleandaerial



Eva Wilde is a movement coach specializing in providing students with tools and experience to build awareness of their own body and its capability. Encouraging self reflection and feedback when students learn, building the ability to self-assess progress and guide through the necessary steps to help grow into the mover you desire.

To find out more, click [here](#) or scan the QR code.



BSWC Prize Raffle!



This year we have a stall with the Bristol Sex Worker Collective!

To help raise funds for their very important work, we are holding a prize raffle with some very juicy goodies indeed.

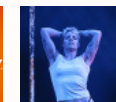
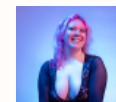
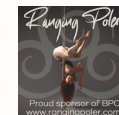
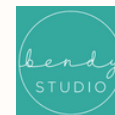
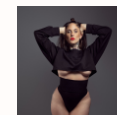
The raffle prizes will be announced at the end of the show, so make sure to grab your tickets from the foyer whilst you can. All proceeds will be going to the BSWC.

By purchasing raffle tickets, you could walk away with:

- Mini Transformation package with Lucy the Mindset Coach
- 1-2-1 sessions with Jane Silk, Ranging Poler and Destiny Black.
- 4 week course at Bendy Studio
- A free photoshoot with Poppy Niamh Photography
- 2 courses, a membership, and an injury consultation all up for grabs with Kassia the Pole Dancing Therapist.
- A free photoshoot with Zoe Gibbs Photography
- £25 Pole junkie voucher
- Custom flexibility plan with Minxy Maenad
- 2 free spaces any ZEN POLE JAMZ event
- 1 month free subscription to Karamel Studio
- and a Plus Size Pole and Aerial Garter

To keep up to date with important information and their work, follow the Bristol Sex Worker Collective on Instagram at @bristolSWC.

Thanks to the below for their prize contributions and making this possible!



Thank you!

A most importantly, a massive thank you to you for supporting BPC and everything we hold close to our hearts. It truly means the world.

Like what you've seen today and want to hear more?
Head over to our website / socials and keep your eyes peeled for 2026 announcements.

Next year will be bigger and better, hopefully with some of you on the stage this time next year.

Lots of love, from Coco and the team at BPC ♥